MAGNA VITAE
TRUST FOR LEISURE & CULTURE

STILL ME 2018 SESSIONS

FUN ACTIVITIES FOR ANYONE WITH A LIFE LIMITING CONDITION, CARERS AND FAMILY ALWAYS WELCOME

louth & district hospice limited
compassion in action

COME AND TRY AN ARRAY OF ACCESSIBLE ACTIVITIES INCLUDING

NEW AGE KURLING, SEATED EXERCISE, PAINTING, DANCING, ARTS & CRAFTS, SINGING & MORE

SOCIAL

Website - www.magnavitae.org
Facebook - @MVCommunities
Twitter - @MagnaVitae

CONTACT

Tracey Wilkinson
T:01507 613461

Elizabeth Atkin:
E:elizabeth.atkin@mvtlc.org
Erica Bowering
E: Erica.bowering@mvtlc.org

SESSIONS

Monday

Dementia Swimming, Meridian, Louth
12 noon - 1pm
Every Monday

Tuesday

Spilsby Methodist Church Meeting point
2pm - 3:30pm
1st & 3rd Tuesday of the month

Wednesday

Marisco Surgery Mablethorpe
10am - 11:30am
2nd & 4th Wednesday of the month

Alford, War Memorial Hall
10am - 12noon
1st & 3rd Wednesday of the month

Trinity Centre Louth
2pm - 4pm
Every Wednesday

Thursday

Skegness Barratt Court
10am - 11:30am
Every Thursday apart from 3rd Thursday of the month

Horncastle Sellwood Gardens
2pm - 4pm
Every 3rd Thursday of the month