

HORNCASTLE SWIMMING POOL

Make a Splash

Pool Programme Term Time

Horncastle Swimming Pool & Fitness Suite
Coronation Walk, Horncastle, Lincolnshire LN9 6HP
01507 522489 | horncastlepool@mvtlc.org

Safe Swimming Policy

Will all swimming pool users please note and adhere to the following Safe Swimming Policy.

- The staff may, at their sole discretion, refuse admission if they believe that the safety of swimming pool users is compromised.
- Children may at times be asked to demonstrate their swimming competency.
- All non-swimming children should wear approved buoyancy aids and should remain within the designated non-swimmers area.
- All swimming pool users should listen to the advice of the lifeguards on duty.

Children under 8 years old:

- Children of this age must be supervised at all times in the pool water by a responsible adult (16 years +), at a ratio of one adult to two children (1:2).
- If one or more of the children holds the ASA Pool Swimming Standard Award, the maximum child supervision ratio can be increased to 1 responsible adult to three children under the age of eight years (1:3).
- All children under 8 years old must be accompanied by an adult at all times within the complex.

Please note:

These programmes may change during school holidays. An additional programme will be available at this time.

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
	06:30	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30	20:30	21:30	
Mon		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	GENERAL SWIMMING	SCHOOL SWIMMING LESSONS	AQUACISE 14YRS + DEEP END SWIM	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	GENERAL SWIMMING	WATERWISE SWIMMING LESSONS	ROOKIE LIFEGUARD	STAFF TRAINING	GENERAL SWIMMING	OTTERS SWIMMING CLUB			
Tue		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	GENERAL SWIMMING	AQUAJOG	50YRS + SWIM	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	MAINTENANCE	STAFF TRAINING	WATERWISE SWIMMING LESSONS	ONE TO ONE LESSONS	GENERAL SWIMMING	LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS +			
Wed		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS		AQUACISE 14YRS + DEEP END SWIM	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	GENERAL SWIMMING	WATERWISE SWIMMING LESSONS			OTTERS SWIMMING CLUB	FAMILY FITNESS SWIM 10YRS +	SWIM TECH		
Thur		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS		50YRS + SWIM	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	GENERAL SWIMMING	ONE TO ONE LESSONS			AQUACISE 14YRS +	LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS +			
Fri		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	GENERAL SWIMMING	AQUACISE 14YRS + DEEP END SWIM	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	GENERAL SWIMMING	WATERWISE SWIMMING LESSONS			SURVIVE & SAVE	POOL AVAILABLE FOR HIRE			
Sat		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	WATERWISE SWIMMING LESSONS	ADULTS 16YRS + DUCK-LINGS		GENERAL SWIMMING	FAMILY FUN SPLASH	GENERAL SWIMMING	POOL AVAILABLE FOR HIRE							
Sun		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	OTTERS SWIMMING CLUB			GENERAL SWIMMING	FAMILY FUN SPLASH	GENERAL SWIMMING	POOL AVAILABLE FOR HIRE							

Term Time - Monday 5th September - Friday 20th October 2017
Tuesday 31st October - Tuesday 19th December

MV HSP Pool Prog V22 0917

Information is correct at time of printing -05/2017. The Facility Management Team reserves the right to alter sessions, times and charges.

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